



NEED TO PAWS and RELAX?

The TBRHSC Staff Therapy Dog Program is here for you!

In partnership with St. John Ambulance, therapy dogs and their handlers are available to visit Hospital departments — just ask your manager to book a visit.

Why it's worth it

- Instant stress relief
- Mental health support
- A moment of calm in a busy day

How to bring them to your unit

1. Ask your manager to request a visit
2. Therapy dogs will come to your department
3. Enjoy the pawssitive vibes!

To request a visit: Managers, contact **Ethan Bettcher**, Employee Experience & Well-Being Consultant at ethan.bettcher@tbh.net.

Brought to you with care – because you deserve it!



Thunder Bay Regional
Health Sciences
Centre