

Participate in this year's Employee Recognition Week

February 28 - March 7, 2025

Friday, February 28

1000 - 1130

Therapeutic Touch

Room 2007, Volunteer
Services

1100 - 1500

Ice Cream Hosted by SLC*

Bottom of the Grand
Staircase

1300-1600

Mini Massages

Auditorium A

Saturday, March 1

0600 - 0900

Pop Up Appreciation

Entryways

Sunday, March 2

1300 - 1700

Ice Cream Hosted by SLC*

Bottom of the Grand
Staircase

Monday, March 3

0800 - 1100

Mini Massages

Auditorium B

1130 - 1300

Soft Tissue Therapy

Room 1444, Meeting Room

1400 - 1700

Reflexology

Room 1444, Meeting Room

1700 - 2000

Treats Hosted by SLC*

Bottom of the Grand Staircase

Daily Trivia
Available all day from
February 28 - March 6, 2025.
Please visit
<https://trivia.tbrhsc.net>
to participate!

Tuesday, March 4

0900 - 1200

Mini Massages

Room 1444, Meeting Room

1200 - 1500

Reflexology

Room 1444, Meeting Room

1330 - 1730

Treats Hosted by SLC*

Bottom of the Grand
Staircase

1330 - 1430

Therapy Dog Drop in Visit

Auditorium B

Wednesday, March 5

0600 - 0900

Pop Up Appreciation

Entryways

1500 - 1800

Ice Cream Hosted by SLC*

Bottom of the Grand
Staircase

1800 - 2100

Mini Massages

Auditorium A

Thursday, March 6

1200 - 1215

Meditation for Coworkers

Room 2178, ICP Main

1230 - 1245

Meditation for Coworkers

Room 2178, ICP Main

1400 - 1700

Mini Massages

Room 1444, Meeting Room

1830 - 2030

Pop Up Appreciation

Entryways

Friday, March 7

0700 - 1100

Coffee Hosted by SLC*

Bottom of the Grand Staircase

1000

Big Prize Draw

1100 - 1230

Soft Tissue Therapy

Room 1444, Meeting Room

1400 - 1700

Auricular Acupuncture to Regulate the Nervous System

Auditorium B



Thunder Bay Regional
Health Sciences
Centre

*SLC = Senior Leadership Council