

"Supporting the Grief Journey of Healthcare Providers: *It's in the Work*"

WITH KEYNOTE SPEAKER **EUGENE DUFOUR**



DATE

Wednesday, March 19, 2025



TIME

8:00 AM - 1:00 PM EST



LOCATION

**THE SUPERIOR INN,
THUNDER BAY**

FEE

\$30/PERSON

**INCLUDES BREAKFAST &
NUTRITION BREAK**

In this Workshop, you will:

- Identify different types of grief
- Understand the impact of grief on healthcare providers
- Develop coping skills & strategies
- Enhance self-awareness & emotional intelligence
- Practice self-care techniques

REGISTER NOW!



**SCAN, OR VISIT
[CERAH.LAKEHEADU.CA/EVENTS](https://cerah.lakeheadu.ca/events)
TO REGISTER!**