

# Grand Rounds

Novel Perspectives on Fibromyalgia:  
Considerations in Diagnosis and  
Treatment with Low-Dose Naltrexone



Speaker Name:

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and **Ms. Hannah Aalto**

Date:

**January 14th, 2025**

Time:

**7:00 a.m. – 8:00 a.m.**

Place:

**Auditorium A**

*Refreshments will be provided*

Learning Objectives With this presentation, participants will be able to:

- Describe current criteria of fibromyalgia
- Appreciate challenges and limitations of fibromyalgia diagnosis
- Describe the mechanisms of action for low-dose naltrexone (LDN)
- Explore the current literature on the efficacy and safety of LDN, with emphasis on chronic pain
- Review local retrospective cohort data and from the lens of a case study



Thunder Bay Regional  
Health Sciences  
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Grand Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada.