



National Safety and Health Week

May 6-11, 2024

National Safety and Health Week is an annual event designed to raise awareness about the importance of workplace safety and to promote the prevention of workplace injuries and illnesses.

OHS Display Booth

An Occupational Health and Safety (OHS) display booth will be located in the cafeteria from May 7-10. The booth will focus on Musculoskeletal Disorder (MSD) prevention through ergonomics and safe patient and material handling techniques.

Stop by the booth between 11:30 a.m. and 1:00 p.m. to try a hands-on safety challenge.

Workstation Tune-Up

Schedule a 15 minute meeting with the Safety Consultant to assess your workstation and make basic adjustments and recommendations to improve your set up and address ergonomic concerns.

Appointments are available on May 7 between 1:00 p.m. and 3:00 p.m. and May 9 between 9:00 a.m. and 11:00 a.m.

Please call extension 6241 to book an appointment.

OHS Quizzes

Test your health and safety knowledge for a chance to win a prize!

On May 6, visit the OHS Department intranet page to download the safety quizzes.

Printed copies will be available at the OHS booth in the cafeteria.

Return the completed quizzes to the OHS Department or OHS booth.

[safetyandhealthweek.ca](https://www.safetyandhealthweek.ca)

<https://www.safetyandhealthweek.ca/english>

[ccohs.ca](https://www.ccohs.ca)

<https://www.ccohs.ca>

MSD and Ergonomics Programs

<https://informed.tbrhsc.net/departments/occ-health-and-safety/ergonomics>

Occupational Health and Safety Department

<https://informed.tbrhsc.net/departments/occ-health-and-safety>



Thunder Bay Regional
Health Sciences
Centre