

# Food and Drink Options

At  
Thunder Bay  
Regional  
Health  
Sciences  
Centre

As of February, 2024

Exceptional  
**care**  
for every patient,  
every time.

## Flavours Café Cafeteria

### Grill

Monday to Friday  
7:30 a.m. – 5:30 p.m.

Weekend and holiday hours  
9:00 a.m. – 12:00 p.m.

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### Simply-to-Go Items

Monday to Friday  
7:30 a.m. – 6:30 p.m.

Weekend and holiday hours  
9:00 a.m. – 3:30 p.m.

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## Robin's Donuts

Now open 24 hours a day.

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## Season's Gift Shop

Monday to Friday  
9:00 a.m. – 3:45 p.m.

Closed on weekends  
and holidays.

*Some food items available.*

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## Vending Machines

Vending machines are located throughout the Hospital, including the Main Lobby, Emergency Department, Surgical Day Care, and Diagnostic Imaging.



Thunder Bay Regional  
Health Sciences  
Centre

\*Hours are subject to change without notification.