

March is Nutrition Month!

What can YOU do to help identify and treat malnutrition in your patients?

Please complete the CNST PCS Intervention – Canadian Nutrition Screening Tool for all adult patients within 48 h of admission

Identify patients who are at risk for malnutrition

	Date:		Date:	
	Admission		Rescreening	
Ask the patient the following questions*	Yes	No	Yes	No
Have you lost weight in the past 6 months WITHOUT TRYING to lose this weight? <small>If the patient reports a weight loss but gained it back, consider it as NO weight loss.</small>				
Have you been eating less than usual FOR MORE THAN A WEEK?				
Two “YES” answers indicate nutrition risk†				

* If the patient is unable to answer the questions, a knowledgeable informant can be used to obtain the information. If the patient is uncertain regarding weight loss, ask if clothing is now fitting more loosely.

A positive screen prompts a visit from a Registered Dietitian