



NorWest Community
Health Centres

Centres de santé
communautaire NorWest

CHRONIC DISEASE SELF MANAGEMENT PROGRAM (CDSMP)

PEER LEADER TRAINING



WHY BECOME A CDSMP PEER LEADER

- You have personal knowledge and understanding to support and guide others facing similar challenges with having a chronic disease;
- Are well informed when it comes to living with or caring for someone who lives with a chronic disease

ONCE YOU BECOME A CDSMP PEER LEADER

- Qualified CDSMP Peer Leaders receive a stipend at the completion of each workshop series
- To maintain certification, you must deliver 2 workshop series a year, one of them being virtual

SPOTS ARE LIMITED.

You must attend ALL sessions to complete the training.

TRAINING DATES 2024

WEEK 0 – FEB 1
WEEK 1 – FEB 6, 8
WEEK 2 – FEB 13, 15
WEEK 3 - FEB 20, 22
WEEK 4 – FEB 27, 29
WEEK 5 – MARCH 5, 7
WEEK 6 – MARCH 12, 14



9:00AM-11:30AM



ONLINE
(MICROSOFT TEAMS)



SCAN TO REGISTER

QUESTIONS?

CONTACT KEVIN NG AT (807) 626-8480