

VIRTUAL ALL STAFF TOWN HALLS



December 20, 2023



Thunder Bay Regional
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Virtual All Staff Town Hall

2:00 p.m. – 2:45 p.m.

Agenda for December 20

- ▶ **Introduction** – *A. Vinet*
- ▶ **Patient Story** – *D. Prete*
- ▶ **Respiratory Illness Season Update** – *J. Ross*
- ▶ **Grant Allocation for 2023/24** – *G. Craig*
- ▶ **Substance Use and Addiction (Training and Education): Anti-Stigma Campaign** – *J. Macey*
- ▶ **Staff Wellness Update** – *A. Carr*
- ▶ **Your Questions Answered** – *J. Wintermans*
- ▶ **Closing Remarks** – *A. Vinet*



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Patient Story



Debra Prete, *Manager, Emergency Department & SADV*



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2026

Respiratory Illness Season Update

John Ross, *Director of Patient Flow and Partnerships*



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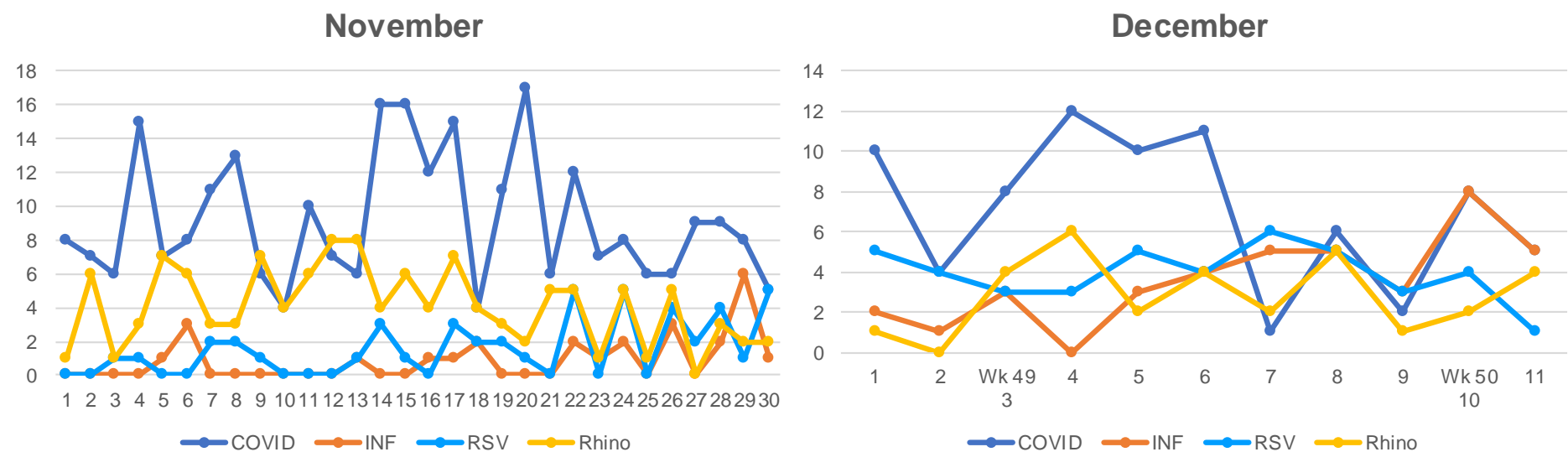
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Respiratory Illness Season Update

► **Current Status** – November & December Trends



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Respiratory Illness Season Update

Current Status Cont.

- ▶ **9** COVID-19 outbreaks since September.
- ▶ Emergency Department visits in November: **7,800**
- ▶ **Precautions:** Level 3 masks are required by all staff, volunteers, and ECPs while in all care areas, in both inpatient and outpatient areas, and while unable to distance.



Grant Allocation: 2023/24

Glenn Craig, *President and CEO, Thunder Bay Regional Health Sciences Foundation*



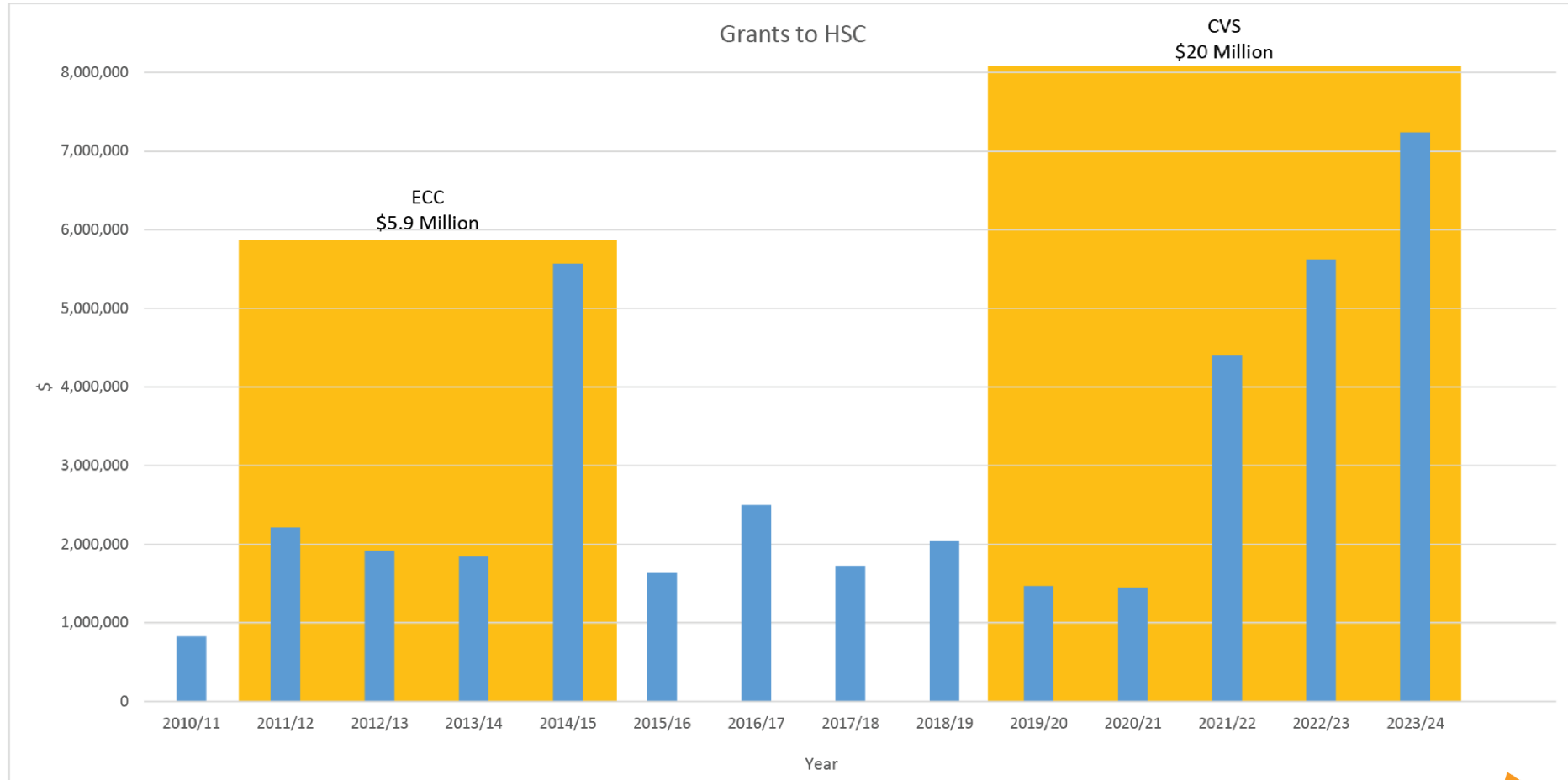
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35 APPROVED GRANTS

32 APPROVED LOCAL GRANTS

3 APPROVED REGIONAL GRANTS



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\$7,275,515 OVERALL TOTAL GRANTS

\$7,185,580 TOTAL LOCAL GRANTS

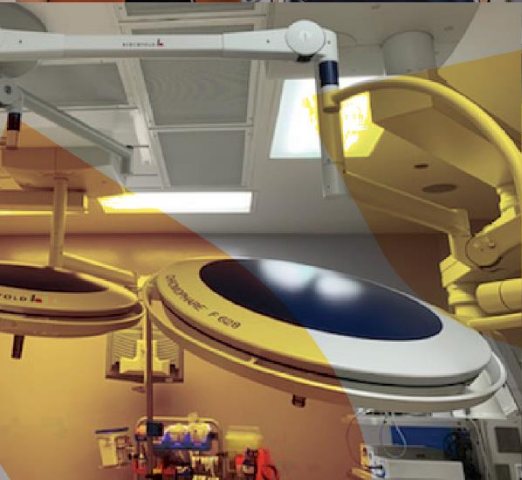
\$90,935 TOTAL REGIONAL GRANTS

Grants range from \$3,000 to \$2.8-Million.

\$3.1 MILLION OF GRANTS ARE FOR CORE FUNDING

\$4.175 MILLION OF GRANTS ARE FOR SPECIAL PROJECTS

LARGEST GRANT IS **\$2,830,000** FOR THE ED RENOVATION PROJECT.



Substance Use and Addiction (Training and Education): *Anti-Stigma Campaign*

Joelle Macey, *Manager, Adult Mental Health*



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Stigma — What is it? And why does it matter?

- ▶ **Stigma is** any attitude, belief or behaviour that discriminates against people” (Canadian Centre on Substance Use and Addiction).
- ▶ “**Stigma** isolates and separates people who use substances or have substance use disorders” (Canadian Centre on Substance Use and Addiction).
- ▶ Evidence-Informed Research Negative interactions and perception of stigma:
 - ▶ Prevent individuals from accessing services.
 - ▶ Increases patient-directed discharges.
 - ▶ Disrupts the provision of care, leading to negative outcomes and hospital readmissions.
 - ▶ Stigma undermines the efforts of this education plan and the successful role out of the larger Addiction project.



Your Story Matters

Have you or a loved one experienced stigma because of substance use or addiction?

The stigma around substance use and addictions creates barriers that affect a person's health and quality of life.



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We need your help!

- ▶ The Substance Use and Addictions Education and Training Working Group wants to share your story through video, in hopes of promoting awareness and breaking the stigma around substance use and addictions.
- ▶ If you are interested in participating, email tbrhsc.substanceuseandaddiction@tbh.net by **January 9, 2024**.
- ▶ Provide the following information in the email:
 - ▶ Your name,
 - ▶ Contact information,
 - ▶ A few sentences about your story.

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More to come, so please stay tuned...

- ▶ Pre-survey to measure the organizational stigma.
- ▶ “Understanding Stigma” e-Learning Modules for all staff.
- ▶ Anti-stigma video filming.
- ▶ Launch Anti-stigma Pledge Campaign.
- ▶ Thought Leader Sessions.
- ▶ Post-survey and focus groups.

Staff Wellness Update

Amy Carr, Director, Human Resources



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Holiday Cheer Week & Healthy Holiday Practices

Giving & Gratitude

- ▶ Patient Clothing Cupboard and Renal Food Drive, TBRHSC Holiday Card.

Time Management

- ▶ Holiday Market featuring local vendors.

Fun & Community

- ▶ Holiday Trivia, Holiday decorating and festive attire contests and prizes.
- ▶ Live music by volunteers.

Restoration

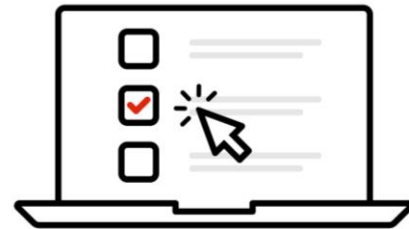
- ▶ Wellness talks and Winter Solstice Celebration.

Other Tips for Holiday Well-Being

- ▶ Practice self-care, support others, eat mindfully, find time to move.

Looking forward to 2024 Health & Wellness Initiatives

- ▶ 2024 Health & Wellness Calendar
- ▶ Staff Therapy Dog program
- ▶ Staff Advisory Committee
- ▶ Staff Experience Pillar (Healthy Workplace Plan)
- ▶ Employee and Professional Staff Engagement Survey: there is still time to participate!



Holiday Cheer Week Winners

Congratulations to our winners of the Holiday Cheer Attire, Decorations and Trivia contests! Thank you again to everyone for participating in Holiday Cheer Week.

Holiday Cheer Attire:

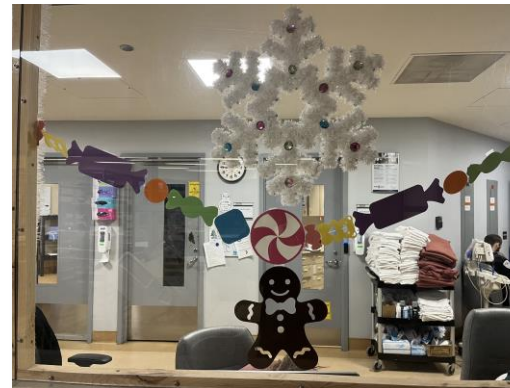
- ▶ Patrizia Charrette and the Quality and Risk Management team.
- ▶ Paul Bishop
- ▶ Chelsea Van Schie, Kaillie Gillies, Sara Jansen, Brittany Hearn, Chelsea van Schie, Michelle Morden, Donna Kane, Marisa Kubinec, and Dave Nurse.
- ▶ Raiili Pellizzari, Steve Coghill, Marcello Bernardo, Sheila Brown, and Gina Fata (Communications and Engagement)

Holiday Cheer Decorations:

- ▶ Sue Williams
- ▶ Martina Agostino
- ▶ Elizabeth Lix

Holiday Cheer Trivia:

- ▶ Angela Murphy
- ▶ Arnold Bylund
- ▶ Mitchell Parker



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Questions?



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Closing Remarks



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