

# 10 THINGS TO KNOW ABOUT MATCH DAY!

Match Day is a pinnacle moment in a medical student's educational journey. It's the day they learn where they will be training as a resident doctor.

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The match process is administered by the Canadian Resident Matching Service – also known as CaRMS.

Medical Students select the programs they'd like to apply to. After an interview the student ranks the programs in order of preference and the programs do the same. Then an algorithm takes over!

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Results of the match are released at 12:00 p.m. on March 22nd, 2023 through an online portal.

Graduating from medical school is really just the beginning – not the end – of medical education. As newly appointed resident doctors their training will continue for 2-5 years in a specific specialty.

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For most students, Match Day is the culmination of over a decade of hard work and commitment.

NOSM University has an incredible match rate. Last year our students were the only class in Canada to 100% match in the first round.

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All CaRMS matches are legally binding. It's very important that students only apply to programs they are willing to train in.

NOSM U offers postgraduate medical education in eight Royal College specialties, including programs such as Emergency Medicine, Family Practice Anesthesia, and Remote First Nations.

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NOSM University currently has 65 Resident spots and will gain spots for 30 undergraduate students and 41 for postgraduate students over the next five years.

