

Clean Your Hands

Hand cleaning is one of the best ways you can prevent the spread of infection and protect your patients.



Wearing gloves is not a substitute for cleaning your hands

By only wearing gloves (and not cleaning your hands), you risk transferring germs from one surface to another and your hands can get contaminated when doffing the gloves.

Cleaning your hands before and after removing your gloves will help prevent the spread of germs.



Thunder Bay Regional
Health Sciences
Centre