







TBAY
On The
Move

2023

walking challenge.

Hey Thunder Bay and the District! We're encouraging you to get active and walk more this February!

-  Sign up at: TBayOnTheMove.ca
-  Challenge takes place: February 1 - 28
-  Set your personal goal and track your progress
-  Chance to win great prizes!

Fitness
Tracker

Snowshoes

LRCA
Explore
Pass

Ice Cleats

Sign Up Today!

TBayOnTheMove.ca

 Thunder Bay District
Health Unit