

Cyber Security Awareness Month

How Does Phishing Affect You and Your Organization?

If you click on a link or open an attachment from a suspicious email, malware can be downloaded onto your computer. Malware is “malicious software” that can control your computer and access to all your personal data and/or all sensitive data within the organization you work for.

Malware comes from many different places, including:

- Illegal downloads
- Unofficial app stores
- Email attachments
- Suspicious links

94 per cent of malware is received via email. If you fall for a phishing scam, don't panic. Follow these steps:

- Change your passwords
- Enable multi-factor authentication (MFA)
- Report the scam

If a cyber criminal hacks your account, contact the Help Desk to let them know.

If you have a cyber security question for IT, please send it to help.desk@tbh.net and we will publish your questions and answers in early November.

[Click here to answer today's trivia question for a chance to be entered into our draw for \\$100 Amazon Gift Card.](#)

