

Cyber Security Awareness Month 2022

What is Phishing?

Phishing is a cyber criminals attempt to get personal and confidential information by pretending to be a legitimate organization, the government, a bank or even your own IT department.

Hackers send out emails that appear to be from a trustworthy source. The email is designed to manipulate you to provide account logins, bank details and other personal information. Hackers will try and entice you to click on a link to input your information or open an attachment to infect your computer.

Passwords

Hackers can break down your passwords by sending phishing emails, guessing common passwords and monitoring Wi-Fi traffic. Combat this by creating complex passwords using these rules:

1. Change passwords and upgrade to passphrases to include numbers and symbols
2. Use special characters like &%\$ to separate words.(e.g. Gob3Stopper%Fun@\$)
3. Work passwords should be different than personal passwords.
4. Do not write down your passwords and leave near or on your computer/desk.



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Keep your personal information private