Guidance Document for COVID-19



Title: When to Test and When to Isolate Inpatients for COVID-19	Version #: 4		
Approved: Incident Manager	Approval Date: April 19, 2022		
Signature:			
This document is intended to provide guidance to staff/professional staff during COVID-19			

PURPOSE

Provide guidance to staff and professional staff related to testing and isolating inpatients for COVID-19, in accordance with current Ontario Ministry of Health guidelines, Thunder Bay District Health Unit recommendations and TBRHSC guidelines.

GUIDELINES

These guidelines are intended for management of patients as it relates to COVID-19. Existing practices for other infectious processes must be maintained.

	Patient Scenario		COVID-19 PCR test required	Precautions Required
1	Known positive COVID-19 PCR test or rapid		No	Yes – Airborne/Droplet/Contact ²
	antigen test ¹ from wit			
2	High risk exposure in the last 10 days to a		At the direction of	Yes – Airborne/Droplet/Contact ²
	confirmed COVID case or was associated with a		IPAC ³	
	COVID-19 outbreak			
		ULT OR PREVIOUS POSITIVE N	IORE THAN 90 DAYS A	GO (confirmed with PCR test or
rapid	antigen test ¹)			
3	Passes COVID-19 admission screening		Yes ⁴	No
4	Fails COVID-19 admission screening		Yes ⁴	Yes – Airborne/Droplet/Contact ²
5	Patient develops new symptoms ⁵		Yes	Yes – Airborne/Droplet/Contact ²
	FIRMED PREVIOUS POS en test ¹)	TIVE RESULT MORE THAN 10	DAYS AGO AND LESS T	HAN 90 DAYS AGO (PCR test or rapid
7.1	New onset of symptoms ⁵		No	Yes – Airborne/Droplet/Contact ²
7.2		New close contact with	No	No
	No new onset of	positive case (unrelated to		
7.3	symptoms⁵	previous positive) No new close contact with	No	No
7.5		positive case	NO	NO
SLISP	ECTED PREVIOUS POSI		 Symptomatic illness n	ot confirmed with PCR test or rapid
	en test ¹)			or commed with rentest of rapid
8.1	- /	Previous symptomatic	No	Yes – Airborne/Droplet/Contact ²
	New onset of	illness with close contact		
		to positive case		
8.2	— symptoms⁵	Previous symptomatic	Yes ⁴	Yes – Airborne/Droplet/Contact ²
		illness with no close		
		contact to positive case		

8.3		New close contact with positive case	Yes⁴	Yes – Airborne/Droplet/Contact ²
8.4	No new onset of symptoms⁵	Previous close contact with positive case	No	No
8.5		No previous close contact with positive case	Yes ⁴	No
IPAC review and clearance is required to end precautions				
Admission testing is done under PCS-MD-271.				
1 – Rapid antigen tests can include tests from an authorized testing site (i.e. pharmacy) or take home tests. Physical				
proof of a positive rapid antigen test is not required, a verbal clinical history with date of positive tests is acceptable.				
2 - Negative pressure room not required unless patient undergoes AGMP.				
3 – Testing requirements generally are to test as soon as possible following exposure and on day 7 following exposure.				
IPAC will advise on requirements specific to each patient.				
4 - PCR test collected and resulted in past 24 hours meets requirement.				
5 – Refer to Symptom Algorithm				

Symptom Algorithm	
1 of these symptoms	 Fever (temperature of 37.8°C or greater) and/or chills Cough that is new or worsening (e.g. continuous, more than usual if chronic cough) including croup (barking cough, making a whistling noise when breathing)⁶ Shortness of breath (dyspnea, out of breath, unable to breathe deeply, wheeze, that is worse than usual if chronically short of breath)⁶ Decrease or loss of smell or taste⁶
2 of these symptoms	 Extreme fatigue, lethargy, or malaise (general feeling of being unwell, lack of energy, extreme tiredness) that is unusual or unexplained Muscle aches or joint pain that are unexplained, unusual, or long-lasting⁶ Nausea, vomiting and/or diarrhea⁶ Sore throat (painful swallowing or difficulty swallowing)⁶ Rhinorrhea or nasal congestion (runny nose or stuffy nose)⁶ Headache that is new and persistent, unusual, unexplained, or long-lasting⁶ Gastrointestinal symptoms (i.e. vomiting or diarrhea)⁶
6 - Symptom is not rela	ated to other known causes or conditions

References:

Ontario Ministry of Health. (2021). COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: *Omicron Surge*. <u>https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/2019_guidance.aspx</u>

All Hospital COVID-19 updates are available on the iNtranet at https://comms.tbrhsc.net/covid-19-information