

# HOSPITAL ACTIVITY UPDATE



**March 18, 2022**

COVID-19 Status as of 10:00 am:

Total Positive Cases in the Hospital	21	Current COVID-19 Outbreaks in the Hospital	0
Positive Cases in the ICU	6	Our Hospital's Internal Pandemic Response Level	<b>Grey (Lockdown)</b>
Number of Patients on the 3B COVID-19 Unit	15		
Active Lab Confirmed Cases of COVID-19 in the TBDHU district	166		

Starting March 21st, the Government of Ontario will drop the mandatory mask mandate in the majority of public settings, with the exception of high-risk settings such as long term and health care facilities. Masking and entrance screening will continue to be required to enter all TBRHSC buildings. This safety measure will remain in place for the protection of all patients, staff and visitors. Additionally, all staff, professional staff, learners, volunteers, and essential contractors while in any TBRHSC building, must wear a mask and eye protection immediately upon entry until exit and at all times. Masks and eye protection can only be removed if you are in an approved break area when eating, drinking and when able to maintain a distance of 2 m/6 ft or more from others (this includes patients and co-workers) or if you are in a private office or workspace.

Our Hospital provides care for the community's most vulnerable patients and is considered a high-risk setting. For that reason, Essential Care Partners (ECPs) who become COVID-19 positive, experience new or worsening COVID-19 symptoms or who have had a household contact in the past 5 days will not be granted access to the Hospital. Individuals who have had close contact without PPE with anyone with a confirmed or probable case of COVID-19, tested positive in the last 10 days, or awaiting test results will also not be granted entry. Concerns or questions related to ECP Hospital access should be directed to the Unit Manager or Patient Advocate.

These measures will continue to be in place for the foreseeable future given the virus is still prevalent in our community and region. Our Hospital's Incident Management Team will continue to review operational impacts as the Government of Ontario proceeds with the plans to remove health measures and directives. We will ensure any sector-specific protective measures remain as required when assessed against our internal pandemic response level needs.

Navigating the ongoing COVID-19 pandemic has presented significant stress and uncertainty for many health care workers. Though it may be difficult to cope during these challenging times, it is important to prioritize your own health and wellbeing. Self-care is taking time to do things that improve your physical health and mental health. Self-care can help to manage stress, improve mood, and increase energy. Self-care activities look different for everyone and even in small amounts can be beneficial in relieving stress. For self-care ideas, as well as mental health resources that are available for additional support, visit <https://comms.tbrhsc.net/informed/self-care-for-health-care-workers/>

Across Canada, March is Nutrition Month and March 16th, 2022 is designated as Dietitians Day; a day to highlight the important work of Dietitians in advancing health through food and nutrition. Our Dietitians are

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Le Centre régional des sciences de la santé de Thunder Bay, un hôpital d'enseignement et de recherche, est reconnu comme un leader dans la prestation de soins et de services aux patients et aux familles et est fier de son affiliation à l'université Lakehead, à l'École de médecine du Nord de l'Ontario et au collège Confédération.

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providers of food and nutrition services, committing themselves to helping people enjoy healthy lives. They are the food and nutrition experts both in-patient and out-patient services here at our Hospital. Please join us in thanking our Dietitians for their on-going contributions in providing our patients and their families with trusted choices for reliable, life-changing food and nutrition advice.

Clinical laboratory testing plays an essential role in the delivery of quality health care. In an ever-changing, complex scientific field, continued education is essential for laboratory staff to keep pace with advances in medicine and to maintain high proficiency in their work. Thanks to the Dr. Douglas Rathbone Scholarship Fund, nine well-deserving individuals from our lab were awarded scholarships to continue their education and professional development. Learn more at <https://bit.ly/RathboneScholarshipFund>.

Finally, we remain committed to transparency and hope that providing information and answers to your questions provide you the information you need to make your work day better. The next virtual All Staff Town Hall is taking place on Wednesday, March 23rd at 2:00 pm via Webex. If you have questions you would like answered, please send them to [tbrhscgroupnews@tbh.net](mailto:tbrhscgroupnews@tbh.net) and we will do our best to address them. Thank you for your commitment to staying informed and engaged.

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