



October is Healthy Workplace Month!

The Healthy Hospital Working Group invites you to learn about holistic wellbeing this October. Virtually attend a variety of workshops and educational sessions on topics such as home ergonomics, moral distress, resiliency and mindfulness. All participants who provide feedback will be entered into a draw to win daily gift cards!

When: Every Tuesday, Wednesday and Thursday in October between 12-1 p.m.

Where: <https://tbh.net/hwp>

For more information, contact
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