

**DO YOU HAVE COVID FATIGUE?
DO YOU FEEL BURNT OUT?
DOES THE PANDEMIC MAKE YOU FEEL
ANXIOUS AND ALONE?
ARE YOU WORRIED ABOUT BRINGING
COVID HOME?**

Wellness Webinar:

Acknowledging the impact of grief and loss is part of good organizational health and wellness programs. This webinar will explore strategies that can be used during this exceptional time and raise awareness of available local and provincial resources for care workers and social service front line workers grieving loss during the Covid-19 pandemic.

Guest Speakers:

Guest Frontline Health Care Worker

Dr. Katherine Kortés Miller

Assistant Professor, School of Social Work, Lakehead University
Associate Director, Centre for Education and Research on Aging and Health (CERAH)

Jill Marcella

Registered Social Worker (RSW)
Manager, North West Regional Palliative Care Program

**THURSDAY, JUNE 17, 2021
3:00 - 4:30 PM
VIA ZOOM - REGISTRATION REQUIRED**

**FOR MORE INFORMATION OR TO REGISTER CONTACT JESSICA JAWORSKI AT:
JESSICA@HOSPICENORTHWEST.CA OR 807 626 5570 EXT. 5580**



Lakehead
UNIVERSITY

Centre for
Education and Research
on Aging & Health



ST. JOSEPH'S CARE GROUP
NORTH WEST REGIONAL
PALLIATIVE CARE PROGRAM