

May 5, 2021

COVID-19 Status as of 10:00 am:

Presumptive Cases in Hospital	Total Positive Cases in Hospital	Positive Cases in ICU	Hospital Occupancy	Active COVID-19 cases in the TBDHU district	Our Hospital's Internal Response Level
19	7	2	73%	45	GREY

The COVID-19 outbreak that was declared March 30th, on our Hospital's 2B Medical Inpatient Unit is over. As of Saturday, May 1st, it has been 14 days from the last exposure with no new cases among staff or patients and all control measures put in place were discontinued. The declaration is made in collaboration with the Thunder Bay District Health Unit and Infection Prevention & Control (IPAC). Thank you to the many staff and professional staff who provided expertise to successfully manage the outbreak.

The health and safety of all staff, professional staff, patients and the community is our utmost priority. IPAC encourages everyone to keep applying the routine practices of hand hygiene, proper use of Personal Protective Equipment (PPE), equipment cleaning, and the appropriate admission screening of all patients. Please set an example for staff and students and assist the Hospital by maintaining compliance and due diligence.

As the impact of heart failure (HF) continues to grow across Canada and throughout the world, it is becoming increasingly important in raising awareness among patients and their families. With the aim to improve the quality of life for people living with HF, Heart Failure Awareness Week (May 3-9) focuses on self-management and self-care in a virtual world. Our Hospital hosts programs that support heart failure patients including the Telehomecare Congestive Heart Failure Program and Cardiac Rehabilitation. Learn more about these programs as well as the staff who provide care for patients living with heart failure by reading the features in the Daily Informed Newsletter and on the Hospital's social media.

Mental Health Awareness Week (May 3-9) is good reminder that we need to take care of ourselves and each other. Kindness, respect and understanding go a long way. Psychological First Aid via virtual group and individual appointments with our Hospital's psychosocial staff is available to those of you who are looking for a way to feel calm and supported to better cope with these challenges. To book your confidential appointment or for more information, please email care@tbh.net. More information regarding health and wellness resources can also be found on the Intranet: https://comms.tbrhsc.net/covid-19-information/staff-wellness-resources/

We remain committed to transparency, and hope that providing information and answers to your questions support your efforts. The next virtual All Staff Town Hall is taking place on Wednesday, May 12th at 2:00 pm via Webex. We value you and your input. Thank you to those who have already submitted questions. If you have_questions you would like answered, please submit them online at http://tbh.net/thg and we will do our best_to address them. Thank you for your commitment to staying informed and engaged. We look forward to seeing you all at the All Staff Town Hall!

Thunder Bay Regional Health Sciences Centre is a leader in Patient and Family Centred Care and a research and teaching hospital proudly affiliated with Lakehead University, the Northern Ontario School of Medicine and Confederation College.

Le Centre régional des sciences de la santé de Thunder Bay, un hôpitald'enseignement et de recherche, estreconnucomme un leader dans la prestation de soins et de services aux patients et aux familles et estfier de son affiliation à **l'université Lakehead**, à l'École de médecine du Nord de l'Ontario et au collègeConfédération. healthy together En santé ensemble

HOSPITAL ACTIVITY UPDATE



Every year in May, Nurses and Nursing Support Staff are recognized for the care and compassion they provide to their patients and their families. It is nearly impossible to find the right words to thank and describe what Nurses and Nursing Support Staff have done over the last year, which has been remarkable in so many ways. Nurses and Nursing Support Staff are invited to share your honest reflections on the last year, whether they be triumphs or challenges. Submissions will be shared during Nursing Week (May 10-16) in our Daily Informed Newsletter and on the Hospital's social media. To share your reflections, visit https://tbrhsc.net/nw/ and fill out the online form.

Finally, we would like to acknowledge how physicians go above and beyond, every day, to care for their patients and build a healthier community. In recognition of their commitment to patients and the entire health care system, National Physicians' Day was celebrated on Saturday, May 1st. A designated day for physicians provides an opportunity to appreciate the dedicated and compassionate care that physicians provide, often putting patients ahead of themselves, their families and other commitments. As we navigate the turbulent times brought on by the COVID-19 pandemic, now more than ever, our Hospital would like to sincerely thank every physician for all that they do.

All Hospital COVID-19 updates and resources are available on the iNtranet at <u>https://comms.tbrhsc.net/covid-19-information/</u>

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