

# New Patient Navigator for CHF and COPD

Congestive heart failure (CHF) and chronic obstructive pulmonary disease (COPD) can be hard to navigate for many patients.

The new NP navigator role supports patient outcomes and improved quality of life, reducing possible admission stays, and ensuring adequate out-patient medical/social supports.

The navigator creates individualized plans and provides advocacy and education for patients admitted to units and in the Emergency Department.



## **Rajesh Talpade**

Nurse Practitioner,  
CHF/COPD  
Patient Navigator

**Cell: 633-3619**

Hours:  
Monday to Friday  
0830-1630



**Thunder Bay Regional  
Health Sciences  
Centre**