



## Healthy Living and Cancer Prevention & Screening Series

Prevention & Screening Clinical Services at Thunder Bay Regional Health Sciences Centre, is pleased to invite you to participate in the following VIRTUAL session

# Healthy Heart, Healthy You!

Please join us as we share the top 10 things you need to know about having a healthy heart. Heart disease is the 2nd leading cause of death among Canadians. Recognizing the signs of a heart attack may save your life!



**Presenter:**  
**Keli Cristofaro**  
Cardiovascular  
Sciences Program  
Regional Development  
- Project Lead

**Date:**  
Thursday,  
February 18, 2021

**Time:**  
2:00 pm EST  
1:00 pm CST

**Webex Link:**  
<http://tbh.net/hls>



Thunder Bay Regional  
Health Sciences  
Centre



***Everyone is welcome to join us!***

If you have any questions please  
contact **Susan Bale** at [bales@tbh.net](mailto:bales@tbh.net)