

COVID-19 DAILY SITUATION REPORT



Thunder Bay Regional
Health Sciences
Centre

Tuesday, May 19, 2020

COVID-19 Status as of 10:30 am

Tests performed yesterday (Assessment Centre and in Hospital)	Tests Performed total (Assessment Centre and in Hospital)	Presumptive Cases in Hospital	Total Positive Cases in Hospital	Positive Cases in ICU	Patients in COVID-19 Care Unit	Hospital Occupancy
37	3346	2	0	0	5	79.9%

The health and safety of all staff, professional staff, patients and the community is our utmost priority. As Ontario slowly reopens the economy, we will begin to see more traffic in our Hospital and the possibility of increased community spread. To help prevent the spread of COVID-19, it is now mandatory for all staff and professional staff to wear a mask at all times, except when alone in an office or work space that provides appropriate physical distancing. More information is available in today's memo.

The 3A unit was recently reconfigured to create more space for surgical and pre-op patients. The unit is now divided into two separate spaces: the dedicated COVID-19 Care Unit; and surgical/pre-op patients. A physical barrier separates the two spaces, a dedicated work space for each area, and procedures regarding entering and exiting the COVID-19 Care Unit. Congratulations to the many people involved in the successful conversion. Every precaution was considered and addressed, with infection prevention and control practices as priority.

May is Physiotherapy Month and this year the Canadian Physiotherapy Association celebrates their 100-year anniversary. Physiotherapy Month will be celebrated the week of May 19-22 at our Hospital. Physiotherapists are an important part of the inter-professional team during this pandemic in the initial decanting of the Hospital in pandemic preparation and now in the acute management assisting with prone positioning and mobility. Physiotherapists have embraced the additional educational opportunities related to COVID-19 best practices as a profession and within their teams. They are using creative inter-professional strategies to serve their patients and at the same time limiting unnecessary use of Personal Protective Equipment (PPE).

During the COVID-19 pandemic, mental health concerns may arise or worsen. It is crucial to take care of your wellness so you can stay healthy for you and your loved ones. Many resources are available through the Employee and Family Assistance Program (EFAP) at 623-7677. For those who prefer to access external resources, please see the information below or visit

<https://comms.tbrhsc.net/covid-19-information/staff-wellness-resources/>.

- [CAMH: COVID-19- Discussion Forum](#): Provides a space where you can offer support, encouragement, and share your experiences with managing your stress and anxiety related to the COVID-19 virus. You can also read others' tips and suggestions for how best to cope in this difficult time.

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Le Centre régional des sciences de la santé de Thunder Bay, un hôpital d'enseignement et de recherche, est reconnu comme un leader dans la prestation de soins et de services aux patients et aux familles et est fier de son affiliation à [l'université Lakehead](#), à [l'École de médecine du Nord de l'Ontario](#) et au [collègeConfédération](#).

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- [CAMH: COVID-19](#) – Mental Health: Provides answers to frequently asked questions regarding mental health and the COVID-19 pandemic and gives information about coping with stress and anxiety.
- [CAMH: Resources for Health Care Workers](#): Provides information about mental health for health care workers specifically during COVID19.
- [Compassion and Respect for Everyone \(CARE\)](#) – Psychological First Aid – is now available at our Hospital. A team of our psychosocial staff are available for virtual group or individual appointments. To book a confidential appointment or for more information, email: care@tbh.net (please indicate if you would prefer a group or individual appointment).
- [Government of Canada](#): Shares valuable information about mental health and wellness, self-care, financial well-being and other additional resources.
- [My Work Place Health](#): Tips and tricks to reduce workplace anxiety around COVID-19.
- [Mental Health Works](#): CAMH and Mental Health Works have teamed up to support health care workers through a series of weekly webinars.
- Ontario Ministry of Health:
 - [Hope for Wellness](#): Counselling and crisis intervention for Indigenous people in Canada. Can also call 1-855-242-3310.
 - [Kids Help Phone](#): Children and youth under 18 can access someone about their mental health concerns. Can also call 1-800-668-6868.
 - [Talk 4 Healing](#): Access to help and support in 14 different languages with services tailored to Indigenous women. Can also call 1-855-554-4325.
 - [211 Ontario](#): Access to mental health services in Ontario. Can also call 211.
- [Self-Appreciation](#): Provides information about self-appreciation, the flip side of self-compassion including links to workshops.
- [Thunder Bay District Health Unit](#): Contains local mental health information and resources.
- [Wellness Together Canada](#): Provides free online resources, tools, apps and connections to trained volunteers and qualified mental health professionals when needed.
- [WHO: Healthy at Home-Mental Health](#): Provides information about your mental health and how to cope including information and resources for parents, older adults, and individuals with pre-existing mental health conditions.

All previously issued COVID-19 Daily Situation Reports are available at <https://comms.tbrhsc.net/covid-19-information/past-daily-updates/>.

Please forward any questions/concerns to your supervisor.

For questions about COVID-19 testing criteria, please contact the TBDHU's Infectious Disease Program at 807-625-5900 or toll free at 1-888-294-6630.

Local COVID-19 case status: <https://www.tbdhu.com/coronavirus>

Provincial COVID-19 case status: <https://www.ontario.ca/page/2019-novel-coronavirus#section-0>

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Canada COVID-19 case status: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

COVID-19 Daily Situation Report videos: <http://tbrhsc.net/covid-19-information>

All Hospital COVID-19 updates are available on the iNtranet at <https://comms.tbrhsc.net/covid-19-information/>

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