

# COVID-19 UPDATE

## Keeping You Safe



Thunder Bay Regional  
Health Sciences  
Centre

To: All Hospital and Health Research Institute staff and professional staff

From: Jean Bartkowiak, President & CEO

Date: Wednesday, April 22, 2020

RE: **Groceries now available for order through Flavours Cafeteria**

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I recognize that your increased workload and reduced store hours can make regular household responsibilities, such as grocery shopping for yourself and/or your family, more burdensome. To ease the pressure felt by some staff and professional staff during these challenging times, and in acknowledgement of your dedication, select grocery items are now available for purchase through Flavours Cafeteria. These include:

- **Groceries 2 Go:**
  - Staple grocery items such as milk, bread, eggs, fresh fruits, and fresh vegetables;
- **Take Home Meals:**
  - All the ingredients you need to prepare a quick meal at home;
- **Fill Your Freezer:**
  - Boxes of frozen meat/protein.

All options must be ordered in advance through the Nutrition & Food Services department and picked up from Flavours Cafeteria. Send pre-orders to [laudonem@tbh.net](mailto:laudonem@tbh.net).

Additional information and order forms are available in the cafeteria and on the iNtranet at <http://informed.tbrhsc.net/departments/nutrition-and-food-services>

*Please allow 24-48 hours to prepare your order. This service will be available Monday through Friday from 9:00 am – 5:00 pm.*

Thank you for your continued commitment to patients and the community.

For more information, please contact Nutrition & Food Services.

All Hospital COVID-19 updates are available on the iNtranet at <https://comms.tbrhsc.net/covid-19-information/>.

For more information about COVID-19, please contact the Thunder Bay District Health Unit at 1-888-294-6630 or [www.tbdhu.com/coronavirus](http://www.tbdhu.com/coronavirus). More information is also available at <https://files.ontario.ca/moh-coronavirus-info-sheet-english-2020-02-18.pdf>.