

COVID-19 STAFF SAFETY

Suggestions to help minimize risk to your loved ones.

Before Work



Bring clean clothes/scrubs in washable bag.



Remove watch and jewelry.



Lunch in disposable bag.



No nail polish, Proper hand hygiene.

During Work



Sanitize, ID badge & glasses.



Sterilize work station phones.



Sanitize work station stethoscope.



Hand hygiene before and after each patient & when touching new surfaces.



Sanitize lunch room before eating.



No hand-shaking or high fives.



Wear appropriate PPE as directed.

After Work



Change out of clothes/scrubs and put it in washable bag. Wear clean change of clothes/scrubs home.



Sanitize phone, ID badge, glasses and stethoscope.



Work shoes wiped down and left at work.



Shower at work or immediately at home



Leave outside shoes in garage or outside front door



Water bottles/ tupperware in dishwasher



Clothing/ scrubs & bag in washer



Focus on wellness activities

healthy together En santé ensemble



Thunder Bay Regional
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