COVID-19 UPDATE Keeping You Safe



- To: All Hospital and Health Research Institute staff, and volunteers
- From: Dr. Stewart Kennedy, EVP, Regional Programs, Clinical Supports & Medical Affairs

Date: March 14, 2020

RE: **REVISED: Travel Restrictions Update**

Please disregard information sent in the Travel Restrictions Update memo issued earlier today. The following information is updated and in effect as of today, Saturday, March 14, 2020, at 17:00. These measures are in place to protect your health and safety, and have been implemented as part of our Hospital's pandemic plan in response to COVID-19 pandemic.

If you have traveled anywhere outside of Canada and returned to Canada on or after March 13, 2020, you must self-isolate for a period of 14 days upon return. If in the last 14 days you have visited affected areas (China, South Korea, Italy, Iran, Japan, France, Spain, Hong Kong or Singapore), you must self-isolate for 14 days.

Staff who choose to travel outside of Canada as of March 14, 2020 will not be compensated by the Hospital for the isolation period.

All employees must inform Occupational Health and Safety (OHS) **prior to international travel departure and prior to returning to work at 684-6212 or ohs@tbh.net**. This is intended to ensure that the hospital has the necessary information to respond if the COVID-19 case definition is updated in response to changing circumstances.

If you have questions regarding travel restrictions, please contact your manager, and Occupational Health and Safety at 684-6212 or ohs@tbh.net.

Travel restrictions can change frequently and will be updated as the situation evolves. Regular updates will be shared as they occur.

Resources:

Government of Canada COVID-19 Travel Advice <u>https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html</u>

Government of Canada COVID-19 Affected Areas Travel Health Notices: https://travel.gc.ca/travelling/health-safety/travel-health-notices#risklevels

All Hospital COVID-19 updates are available on the iNtranet at <u>https://comms.tbrhsc.net/covid-19-information/</u>.





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Le Centre régional des sciences de la santé de Thunder Bay, un hôpitald'enseignement et de recherche, estreconnucomme un leader dans la prestation de soins et de services aux patients et aux familles et estfier de son affiliation à **l'université Lakehead, à l'École de médecine du Nord de l'Ontario et au collègeConfédération**.

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For more information about COVID-19, please contact the Thunder Bay District Health Unit at 1-888-294-6630 or <u>www.tbdhu.com/coronavirus</u>. More information is also available at <u>https://files.ontario.ca/moh-coronavirus-info-sheet-english-2020-02-18.pdf</u>.

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